

# Binding and Loosing Prayer

In the name of Jesus, I bind my will to God's will which produces an incredible steadiness in my spiritual walk with the Lord.

In the name of Jesus, I bind my mind to the mind of Christ.

In the name of Jesus, I bind my emotions to the Spirit of Life who is the Holy Spirit.

In the name of Jesus, I bind myself to the authority and power of God.

In the name of Jesus, I bind myself to the truth which is the Word of God.

In the name of Jesus, I bind myself to an awareness of the blood of Jesus Christ.

In the name of Jesus, I bind myself to the working of the cross of Jesus at Calvary because there is where I receive mercy, grace, forgiveness, love, power and authority into my life.

In the name of Jesus, I bind my feet to the path that God has ordained for me to walk.

In the name of Jesus, I bind my hands to the work God has meant for me to do, so that I will prosper in His will and kingdom.

In the name of Jesus, I bind myself to God's grace, mercy and favour, His love and peace.

In the name of Jesus, I bind myself to the cross of Jesus at Calvary and I carry my cross daily.

In the name of Jesus, I bind my heart to the Sacred Heart of Jesus which is full of love, mercy and compassion.

In the name of Jesus, I bind my flesh to the crucified flesh of Christ at Calvary and subject the desires of my flesh to the Holy Spirit.

In the name of Jesus, I loose the strongholds protecting the source or the reason for my \_\_\_\_\_ (e.g. anger, rebelliousness, disobedience, unforgiveness, drinking, smoking, bad habits etc.)

In the name of Jesus, I loose all strongholds and wrong agreements and I close any and ALL doors which I might have opened to the world of darkness.

In the name of Jesus, I loose the effect of word curses spoken by me, to me, for me or by any other person.

In the name of Jesus, I loose wrong pattern of thinking, behaviour, habits, and I reject old thought patterns, old memory tapes, wrong beliefs, wrong attitudes, wrong prophecies from every and ALL ungodly soulish ties, while binding my mind, will and emotions to God's greater purpose.

In the name of Jesus, I loose myself from every deception, pain, fear, anxiety and I bind myself and my timing to God's timing.

In the name of Jesus, I loose myself from strongholds, stripping layer over layer to all my unmet needs, unhealed hurts and unresolved issues and I bind myself to the working of the Holy Spirit in my life.

In the name of Jesus, I bind myself to the will of God and His truth.

Amen.